



A Z C e n t e r s
Adult - New Patient Questionnaire

Today's Date:

Please COMPLETE FULLY. Thank you.

| | | | |
|---|----------------|---------------------------------|----------------|
| Last Name | Initial | First Name | Home # |
| Address | | | Work # |
| City / Postal Code | | | Cell # |
| Male | Female | Date of Birth (MM/DD/YY) | Age Now |
| Email | | | |
| Name of Spouse or Significant Other: | | | |
| Number of Children: | | | |

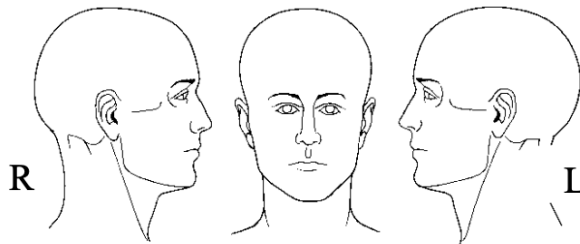
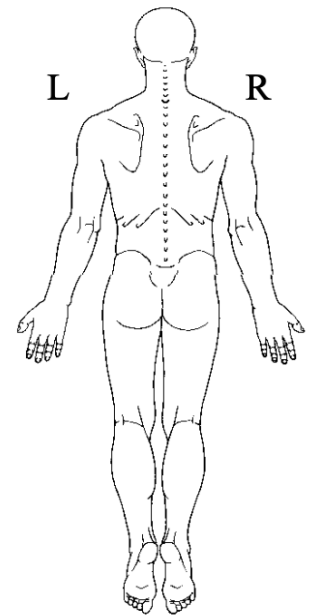
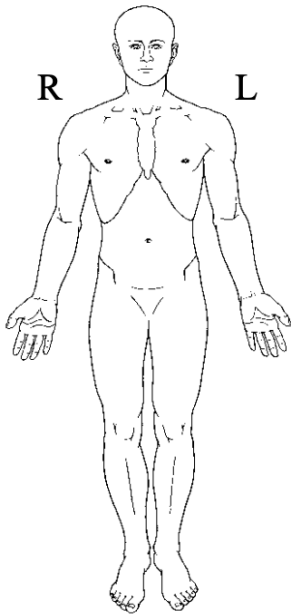
| | |
|---|----------------------|
| Family Doctor | Specialist(s) |
| How did you hear about our office? | |

| | |
|--|--|
| Age when scoliosis or kyphosis was noticed? | Height |
| Has it gotten | Weight |
| BETTER | Weight changed 10 lbs or more in the last year? Y / N |
| WORSE | |
| stayed the SAME | |

| |
|--|
| Have X-rays been taken? If so, please list when and where they were taken |
| |
| Please list any MEDICATIONS being taken or SURGERIES that have been done |
| |
| Please list any dietary SUPPLEMENTS taken (e.g. vitamins and minerals) |
| |
| Please describe any ACCIDENTS or OTHER INJURIES that have occurred |
| |
| Please describe SPORTS, RECREATION, and EXERCISE HABITS |
| |

Please draw the location of any symptoms you may have on the body outline below, using the appropriate symbol(s).

Ache AAA Burning BBB Numbness NNN Pins and Needles +++ Stabbing /// Stiff and Tight 222 Shooting Pain ↓ ↓ ↓



Please CHECK anything that applies to you now, or CIRCLE anything that applied in the past.

GENERAL:

- Cancer
- Unexplained weight change
- Stroke
- High blood pressure
- Diabetes
- Osteoporosis

NECK:

- Neck pain
- Stiff neck and shoulders
- Numbness or tingling in: shoulders, arms or hands
- Headaches
- Dizziness or balance problems
- Visual problems
- Weakness in grip
- Jaw problems
- Sinus problems
- Low energy or fatigue
- Thyroid problems

MID-BACK:

- Mid-back pain
- Heart problems
- Stomach problems
- Rib problems
- Difficulty or pain with breathing
- Indigestion or heartburn
- Lung problems
- Recurrent lung infections
- Asthma, allergies, or wheezing

LOW-BACK:

- Low-back pain
- Stiff low-back
- Numbness or tingling in: bum, legs, or feet
- Sciatica
- Muscle cramps in legs or feet
- Weakness in back or legs
- Constipation or diarrhea
- Painful or irregular menstrual cycle
- Sexual dysfunction
- Frequent or difficult urination

Have any of your BLOOD RELATIVES had any diseases or significant health concerns? If so, please describe below. (M=Mother F=Father B=Brother S=Sister G=Grandparents)

Family History of Scoliosis:

Mother:

Father:

Other Relatives:

If yes, please provide details:

YES NO

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| | |
| | |

Do you have:

Cardiac problems:

Visual problems (besides corrective lenses)

YES NO

| | |
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| | |

Have you ever had:

Orthodontics (braces):

Chiropractic:

Physiotherapy:

Massage Therapy:

Other Therapeutic Body Work:

YES NO

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| | |

For FEMALES:

Reached onset of MENARCHE:

If so, having IRREGULAR periods:

having REGULAR periods:

PERI/POST MENOPAUSAL:

Age when FIRST PERIOD occurred:

YES NO

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For MALES:

VOICE has changed

Partially:

Fully:

Age when VOICE started to change:

YES NO

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| | |

Have you ever had Spinal Surgery?

If so, please provide details:

Have you ever worn a Spine Brace?

If so, please provide details:
